

Peace, Love and Low Carb



KYNDRA D. HOLLEY

PHOTOGRAPHER | BLOGGER | AUTHOR

Kyndra is the author of the wildly popular food blogs [Peace, Love, and Low Carb](#), and [Hungry Foodie](#). She is also a 3x International Bestselling Cookbook Author. Kyndra specializes in recipe development, food and product photography/videography and marketing. She has been working in the digital content creation space since 2011 and has amassed millions of followers across social media.



235,000



202,000



1.1M



11,000



45,000



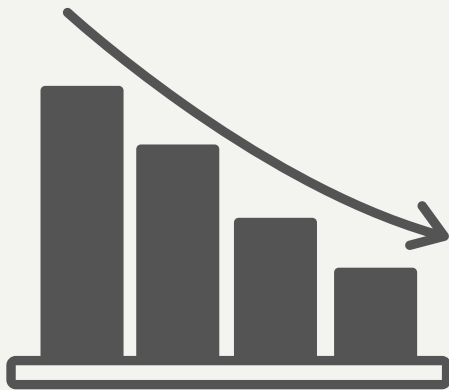
3.2M

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BRAND PARTNERSHIPS

Target | Costco | SoDelicious | Joovv
Vitamix | Blendtec | Magimix
Greek Gods | Breville | Mor Furniture
EverlyWell | Lily's Sweets | Atkins
Butcher Box | Perfect Keto
Chomps | Crystal Farms | Happy
Eggs | Teton Waters Ranch |
Redmond Real Salt | Heritage
Distillery | and many more

DEMOGRAPHICS



93% WOMEN

7% MEN

AGES

- 30% 25-34
- 38% 35-44
- 20% 45-54

AGES

- 29% 25-34
- 35% 35-44
- 20% 45-54

FEATURED IN

Food Network | Men's Health | Women's Health | Shape | Woman's World |
Gluten Free Living Magazine | Costco | Pop Sugar | Yahoo | BuzzFeed | Austin
American Statesman | Washington Post | Forbes | Prevention | Greatist | Delish |
Business Insider | Simple Most | National Examiner | King5 NBC | KATU

[CLICK HERE FOR MORE MEDIA AND PRESS](#)

PACKAGE A: \$2000

INSTAGRAM REEL - One Instagram Reel featuring your product + 3 story slides

PACKAGE B: \$1000

TIKTOK VIDEO - One TikTok video featuring your product.

PACKAGE C: \$1500

NEWSLETTER - One dedicated newsletter featuring your product + one mention in a follow up newsletter.

PACKAGE D: \$3000

BLOG POST - Recipe development or product spotlight/review blog post, with high-resolution photos



PACKAGE E: \$6000

FULL MEAL DEAL - Blog post + newsletter mention + Instagram reel + 3 story slides + TikTok video + Pinterest pin

CUSTOM PACKAGE

Looking for something else? Let's discuss what you have in mind! Let me know the specific goals and objectives you have, and I can put together a custom package with an emphasis on the areas necessary to bring you the desired outcome.