Kyndra is the author of the wildly popular food blogs Peace, Love, and Low Carb, and Hungry Foodie. She is also a 3x International Bestselling Cookbook Author. Kyndra specializes in recipe development, food and product photography/videography and marketing. She has been working in the digital content creation space since 2011 and has amassed millions of followers across social media.
BRAND PARTNERSHIPS

Target | Costco | SoDelicious | Joovv
Vitamix | Blendtec | Magimix
Greek Gods | Breville | Mor Furniture
EverlyWell | Lily’s Sweets | Atkins
Butcher Box | Perfect Keto
Chomps | Crystal Farms | Happy Eggs | Teton Waters Ranch | Redmond Real Salt | Heritage Distillery | and many more

DEMOGRAPHICS

93% WOMEN 7% MEN

AGES
- 30% 25-34
- 38% 35-44
- 20% 45-54

AGES
- 29% 25-34
- 35% 35-44
- 20% 45-54

FEATURED IN

Food Network | Men’s Health | Women’s Health | Shape | Woman’s World | Gluten Free Living Magazine | Costco | Pop Sugar | Yahoo | BuzzFeed | Austin American Statesman | Washington Post | Forbes | Prevention | Greatist | Delish | Business Insider | Simple Most | National Examiner | King5 NBC | KATU

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Looking for something else? Let’s discuss what you have in mind! Let me know the specific goals and objectives you have, and I can put together a custom package with an emphasis on the areas necessary to bring you the desired outcome.