



KYNDRA D. HOLLEY

Peace Love and Low Carb is a food blog specializing in low carb, keto, and paleo recipes. Our focus is on whole, real food, every day ingredients. Peace Love and Low Carb was founded in 2011 by Kyndra Holley and in the 9 years since, it has become one of the most well-established low carb, ketogenic resources out there.

Kyndra is an International Best Selling Cookbook Author of several low carb, keto cookbooks and is currently in the process of writing her next book. She specializes in recipe development and content creation, as well as helping brands grow their social media influence and brand awareness.

BRAND PARTNERSHIPS:

Target, Costco, SoDelicious, Silk, Vitamix, Tony Chachere's, iherb, FabFitFun, EverlyWell, Lily's Sweets, Atkins, Butcher Box, Perfect Keto, and many more.

BLOG STATS:

3.5 MILLION
MONTHLY
PAGE VIEWS

1.2 MILLION
MONTHLY
UNIQUE
VISITORS

235,000+
E-MAIL
SUBSCRIBERS

PEACELOVEANDLOWCARB.COM
KYNDRA@PEACELOVEANDLOWCARB.COM



278,000

/peaceloveandlowcarb



232,000

@peaceloveandlowcarb



8,100

/peacelovelowcarb1



7000

/peacelovelocarb

SERVICES OFFERED

OPTION A

Inquire for rates - Instagram giveaway with your brand tagged in the post + 3 slides stories

OPTION B

Inquire for rates - social media blast across all channels + giveaway on channel of your choice

OPTION C

Inquire for rates - dedicated newsletter (to 235,000 subscribers) with follow up mention in a 2nd newsletter. Add on social media package from option B for \$1500

OPTION D

Inquire for rates - recipe development **or** review & giveaway on Peace, Love and Low Carb website with stunning high-resolution photos of your products and backlinks.

OPTION E

Inquire for rates - recipe development **or** review & giveaway on Peace, Love and Low Carb website with stunning high-resolution photos of your products and backlinks + social media blast + feature in newsletter. **BEST VALUE.**

CUSTOM OPTIONS

Let's discuss what you have in mind! Let me know the specific goals and expectations you have for our partnership and I can put together a custom package, with an emphasis on the areas that will bring you the most exposure.